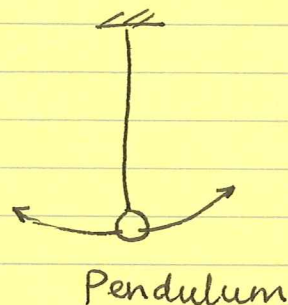
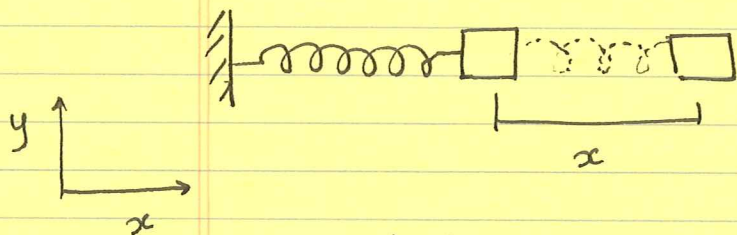
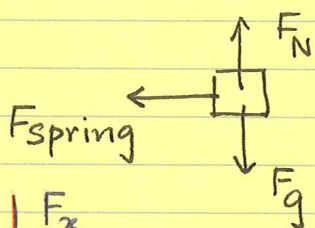


# Harmonic Oscillator

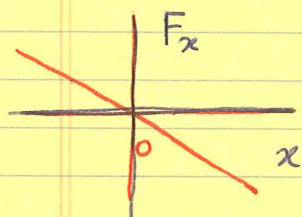


Free body diagram of block



$$\vec{F}_{\text{spring}} = -kx \hat{x} \quad \text{--- (1)}$$

Hook's Law



Equation of motion

$$\vec{F}_{\text{spring}} = m \vec{a} \quad \text{--- (2)}$$

along x

$$-kx = m \ddot{x} \quad \text{--- (3)}$$

$$\Rightarrow \boxed{m\ddot{x} + kx = 0} \quad \text{--- (4)}$$

This is the differential equation that describes the motion. How do we solve it?

We can rewrite (4) as

$$\ddot{x} + \frac{k}{M} x = 0 \quad \text{--- (5)}$$

Now by dimensional analysis  $[\ddot{x}] = \frac{L}{T^2}$

so dimensions of  $\frac{k}{M} x = \frac{L}{T^2} \Rightarrow [k/M] = \frac{1}{T^2}$

$\Rightarrow \left[ \sqrt{\frac{k}{M}} \right] = \frac{1}{T}$  This quantity is like a frequency

(2)

Define  
NATURAL FREQ.  
OF OSCILLATOR

$$\omega_0 = \sqrt{\frac{k}{M}} \quad \text{--- (6)}$$

The differential eq. in (5) becomes

$$\ddot{x} + \omega_0^2 x = 0 \quad \text{--- (7)}$$

Equation of SIMPLE HARMONIC MOTION

Solution is of the form:

$$x(t) = B \sin \omega_0 t + C \cos \omega_0 t \quad \text{--- (8)}$$

check:

$$\frac{d}{dt} \sin \omega_0 t = \cos \omega_0 t \cdot \omega_0 = \omega_0 \cos \omega_0 t$$

$$\frac{d}{dt} \cos \omega_0 t = -\sin \omega_0 t \cdot \omega_0 = -\omega_0 \sin \omega_0 t$$

$$\dot{x}(t) = B \omega_0 \cos \omega_0 t - C \omega_0 \sin \omega_0 t \quad (9)$$

$$\ddot{x}(t) = -B \omega_0^2 \sin \omega_0 t - C \omega_0^2 \cos \omega_0 t$$

$$= -\omega_0^2 [B \sin \omega_0 t + C \cos \omega_0 t]$$

$$= -\omega_0^2 x(t)$$

which gives Eq. (7) so OK ✓

(3)

The constants  $B$  &  $C$  are evaluated from given initial conditions such as position and velocity at a given time.

Another way to write the solution:

$$x(t) = A \cos(\omega_0 t + \theta) \quad \text{--- (10)}$$

$A$  and  $\theta$  are constants.

To show the correspondence between (8) and (10) use the trig identity

$$\cos(\alpha + \beta) = \cos \alpha \cos \beta - \sin \alpha \sin \beta$$

Apply to (10) which gives:

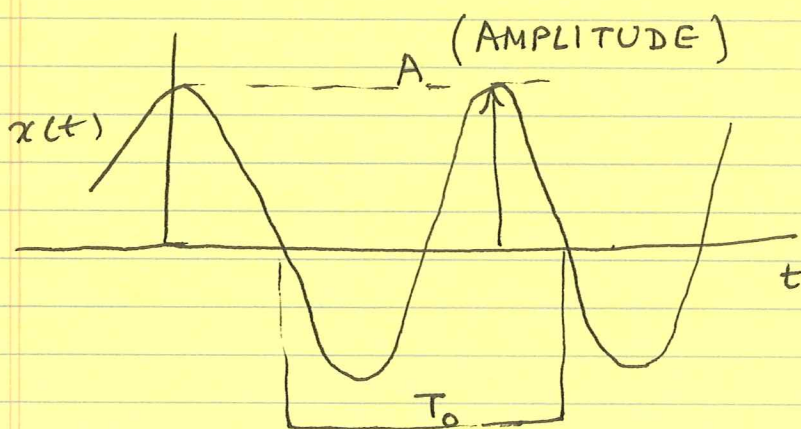
$$x(t) = A \cos \omega_0 t \cos \theta - A \sin \omega_0 t \sin \theta$$

from (8)  $\quad = B \sin \omega_0 t + C \cos \omega_0 t$

Compare the two expressions:

$$B = -A \sin \theta \quad \Rightarrow \quad A = \sqrt{B^2 + C^2}$$

$$C = A \cos \theta \quad \Rightarrow \quad \tan \phi = -\frac{B}{C}$$



$$x(t) = A \cos(\omega_0 t + \theta)$$

Period  $T_0$   
 $\omega_0 = \frac{2\pi}{T_0}$

$$x(t) = A \cos(\omega_0 t + \theta)$$

↑  
instantaneous  
displacement  
of particle at  
time  $t$

↑  
amplitude of motion  
maximum displacement.

$\omega_0$  angular frequency  $\omega_0 = \sqrt{\frac{k}{M}}$

$$[\omega_0] = \frac{\text{rads}}{\text{sec}}$$

frequency =  $\nu = \frac{\omega_0}{2\pi}$   $[\nu] = \text{Hz}$

$T_0$  = period of motion

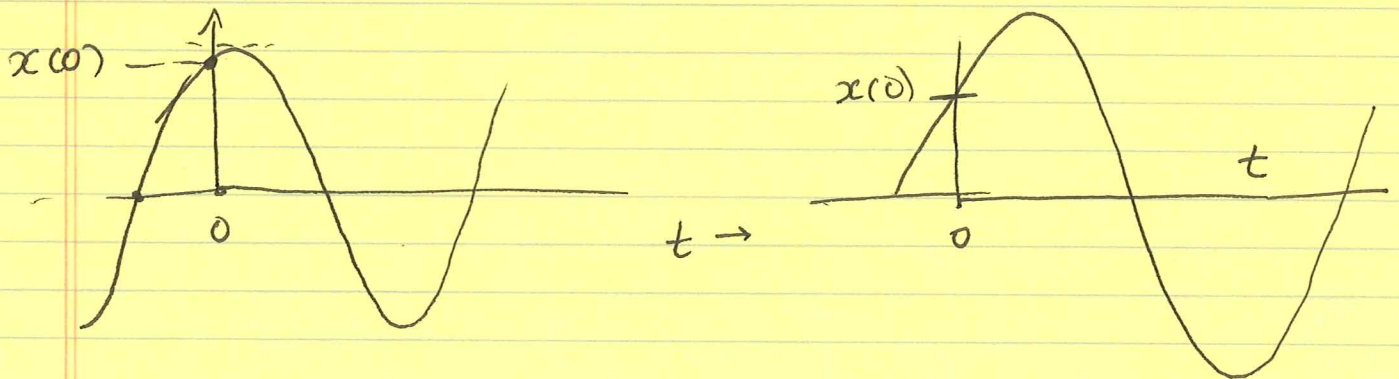
$$\nu = \frac{1}{T_0}$$

$$\omega_0 = \frac{2\pi}{T_0}$$

$\theta$  = phase angle

defines the angle at  $t=0$

$$x(0) = A \cos \theta$$



## Frictionless Harmonic Oscillator

Initial conditions:

At  $t=0$  the position and velocity are given.

$$\left. \begin{aligned} x(t=0) &= x_0 \\ v(t=0) = \dot{x}(t=0) &= v_0 \end{aligned} \right\} \text{ given.}$$

$$x = B \sin \omega_0 t + C \cos \omega_0 t$$

$$v = \dot{x} = B \omega_0 \cos \omega_0 t - C \omega_0 \sin \omega_0 t$$

$$\text{At } t=0 \quad x(t=0) = C = x_0$$

$$v(t=0) = B \omega_0 = v_0$$

$$\Rightarrow B = \frac{v_0}{\omega_0}$$

If we choose the other form:

$$x = A \cos(\omega_0 t + \theta)$$

$$v = \dot{x} = -A \omega_0 \sin(\omega_0 t + \theta)$$

$$\text{At } t=0 \quad x(t=0) = A \cos \theta = x_0$$

$$v(t=0) = -A \omega_0 \sin \theta = v_0$$

$$\Rightarrow A^2 (\cos^2 \theta + \sin^2 \theta) = x_0^2 + \left(\frac{v_0}{\omega_0}\right)^2$$

$$\Rightarrow \boxed{A = \sqrt{x_0^2 + \left(\frac{v_0}{\omega_0}\right)^2}}$$

$$\boxed{\tan \theta = -\frac{v_0}{\omega_0 x_0}}$$

Energy

$$V = \frac{1}{2} k x^2$$

$$= \frac{1}{2} k A^2 \cos^2(\omega_0 t + \theta)$$

$$K = \frac{1}{2} m v^2$$

$$= \frac{1}{2} m A^2 \omega_0^2 \sin^2(\omega_0 t + \theta)$$

$$\boxed{\omega_0^2 = \frac{k}{m}}$$

$$K = \frac{1}{2} k A^2 \sin^2(\omega_0 t + \theta)$$

$$\text{Total Energy } E = K + V = \frac{1}{2} k A^2 \left[ \cos^2(\omega_0 t + \theta) + \sin^2(\omega_0 t + \theta) \right]$$

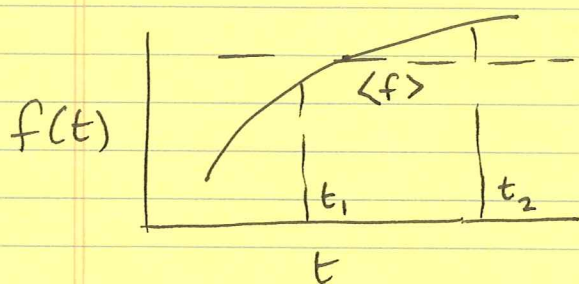
$\underbrace{\hspace{10em}}_{=1}$

$$\boxed{E = \frac{1}{2} k A^2}$$

total energy is constant in time  
when only conservative forces act.

(7)

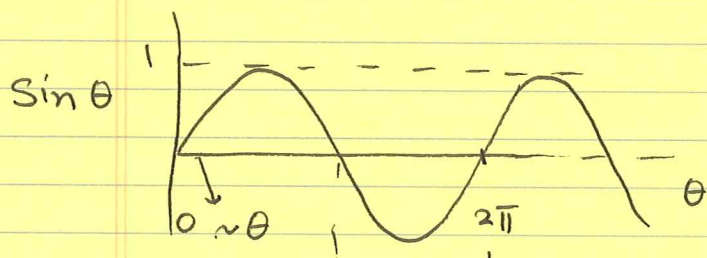
## Time average



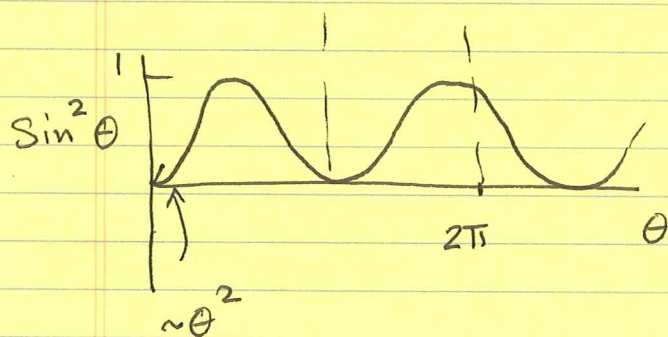
Consider a function that varies in time.

The average of  $f$  denoted by  $\langle f \rangle$  over an interval  $(t_2 - t_1)$  is given by

$$\langle f \rangle = \frac{\int_{t_1}^{t_2} f(t) dt}{(t_2 - t_1)}$$



$$\langle \sin \theta \rangle = 0$$



$$\langle \sin^2 \theta \rangle = \frac{1}{2}$$

$$= \langle \cos^2 \theta \rangle$$

(8)

$$\frac{\int_0^{2\pi} \sin^2 \theta \, d\theta}{2\pi} = \langle \sin^2 \theta \rangle$$

$$\begin{aligned} \text{Now } \cos 2\theta &= \cos^2 \theta - \sin^2 \theta \\ &= 1 - 2\sin^2 \theta \end{aligned}$$

$$\Rightarrow \sin^2 \theta = \frac{1 - \cos 2\theta}{2}$$

$$\frac{1}{2\pi} \int_0^{2\pi} d\theta \left( \frac{1 - \cos 2\theta}{2} \right)$$

$$= \frac{1}{2\pi} \left[ \frac{1}{2} 2\pi - 0 \right] = \frac{1}{2} \quad \checkmark$$

Oscillator:

$$V = \frac{1}{2} k A^2 \cos^2 (\omega_0 t + \theta)$$

$$\langle V \rangle = \frac{1}{2} k A^2 \underbrace{\langle \cos^2 (\omega_0 t + \theta) \rangle}_{= \frac{1}{2}}$$

↑  
average over one  
time period  $T_0$ .

$$= \frac{1}{4} k A^2$$

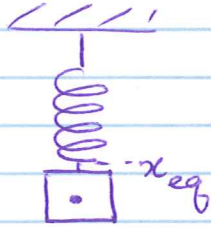
$$\langle K \rangle = \frac{1}{2} k A^2 \langle \sin^2 (\omega_0 t + \theta) \rangle = \frac{1}{4} k A^2$$

$$\Rightarrow \text{Hence } \boxed{\langle K \rangle = \langle V \rangle}$$

The time average of  
kinetic & potential energies  
is equal.



## SIMPLE HARMONIC OSCILLATOR

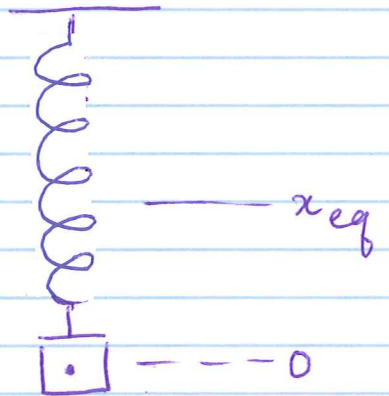
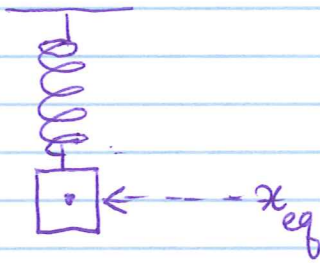


Object hanging on a spring.

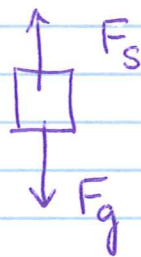
$x_{eq}$  is the equilibrium (natural)

length of the spring.

When the mass is suspended it will stretch in the gravitational field.



Free body diagram of mass



← note: the force due to the spring on the block is acting up because the spring has been pulled or stretched downwards

At this point there is no acceleration

$$\vec{F}_s + \vec{F}_g = 0$$

$$\vec{F}_s = -k(x - x_{eq}) \hat{x} \quad (1)$$

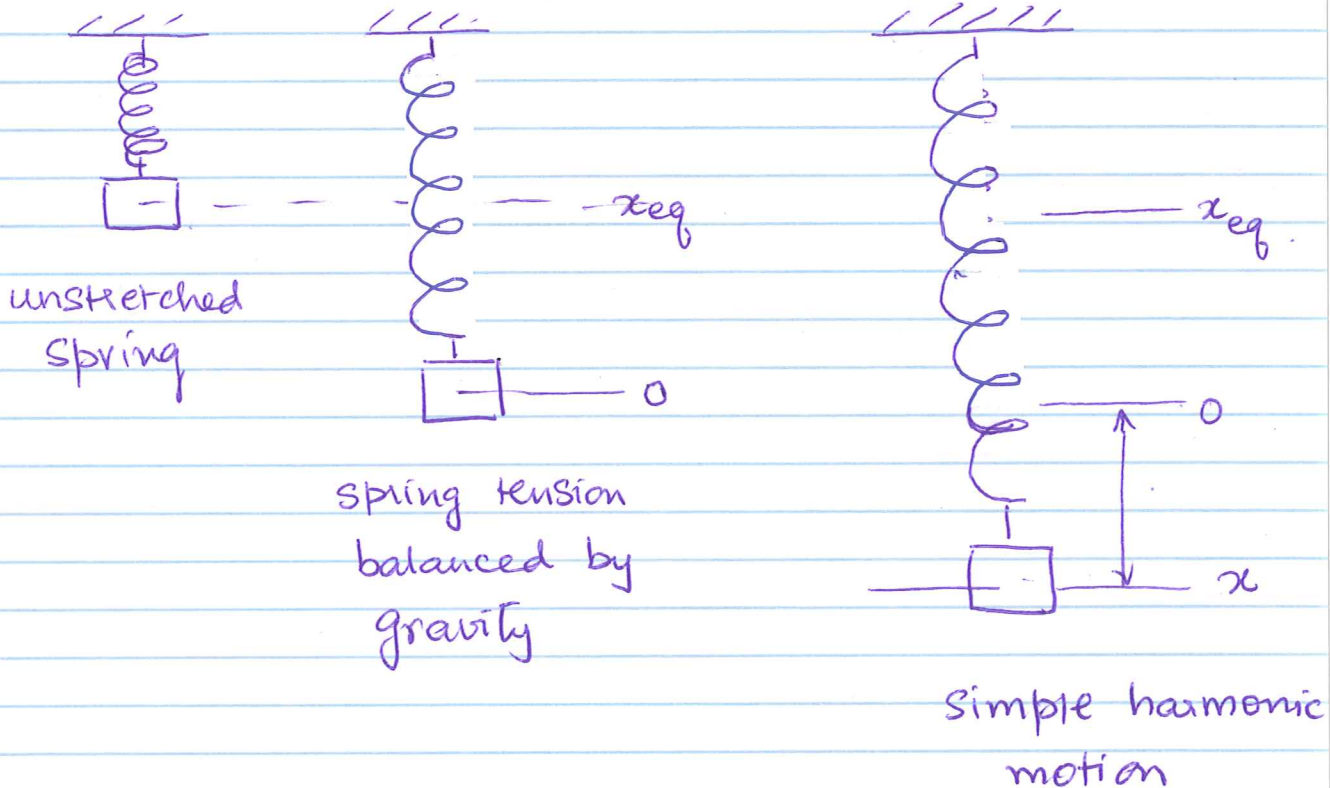
$$\vec{F}_g = -mg \hat{x} \quad (2)$$

$$-k(x - x_{eq}) - mg = 0$$

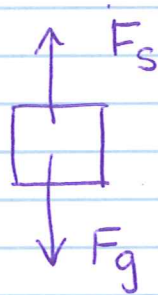
At  $x=0$  (3)

$$kx_{eq} = mg \Rightarrow x_{eq} = \frac{mg}{k}$$

Now let us stretch the spring even further



Free body diagram



$$\vec{F}_s + \vec{F}_g = m\vec{a}$$

From (1) and (2) along  $\hat{x}$

$$-k(x - x_{eq}) - mg = m\ddot{x}$$

$$-kx + kx_{eq} - mg = m\ddot{x}$$

From (3)  $kx_{eq} = mg$

$$\Rightarrow -kx = m\ddot{x}$$

$$\Rightarrow m\ddot{x} + kx = 0$$

or  $\ddot{x} + \omega_0^2 x = 0 \Rightarrow x(t) = A \cos(\omega_0 t + \theta)$

$$\omega_0^2 = \frac{k}{m}$$

SHM